

Special Interest Articles:

- Add a highlight or your point of interest here.
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Befrienders is an intergenerational volunteer nonprofit organization matching older adults with community volunteers for companionship.

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Match Celebration 2007!

On February 3rd Befriender volunteers and seniors came together for the Befrienders' Match Celebration 2007 Holiday Inn in Bozeman. Twenty matches shared a lovely luncheon and conversation. They also had the opportunity to relate their impressions of the organization over cake and coffee. June Blackwood commented that her volunteer, Renee Lafond, is "like my second



Cleo Jones and Dru Koester

granddaughter. Her children are like my grandchildren."

Cleo Jones related that she has had several matches over the past three years.

"I just think the connections are great. I don't know how my name ever got on the list, but I am glad it did."

New Executive Director Joins Befrienders

In November a new Executive Director joined Befrienders. Lee Stadlander, Ph.D., is a health psychologist specializing in the study of aging. She received her doctorate from Ohio State University and her clinical-health training through Fielding University. She is a former MSU psychology professor and is on the

faculty of Walden University.

Lee stated that her "primary goal for Befrienders is to build a sense of community." She will accomplish this goal through regular followups with seniors and volunteers, quarterly training sessions for volunteers, and social

occasions in which matches have the opportunity to join together

. If you have ideas for additional ways to build the Befriender community call Lee at 522-8169 or send an email: befrienders@hotmail.com.

Did You Know?

Did you know that:

- According to the US Census, the fastest growing age group is people over 85?
- In the Gallatin Valley, 11.4% our residents are over the age of 60?
- Aged drivers have fewer accidents per person than drivers under age sixty-five?
- Eight out of ten males over sixty-five are married, whereas only four out of ten females are married? (Chances of re-marriage for women are very poor.)
- Men are less likely to form new, significant relationships after bereavement?
- Contact between elderly women and their daughters is more frequent than men and their sons?
- People who were always active and involved will be happiest if they remain engaged in life?
- Success in one's major life roles is the best predictor of late-life satisfaction?



Befrienders
Brenda Sunderland & Jo Anderson



Befrienders
Reaching Out Across Generations

*In the Gallatin Valley,
11.4% our residents are
over the age of 60*

Donors

Since October 2006

Founders Club (\$1000-\$5000)

Tim & Mary Barnard
Bozeman Chronicle (Blue
Jean Friday)
Gallatin County
Gallatin Empire Lions Club
Pete & Carlyle Merrill
Big Sky Western Bank

Golden Circle (\$100-\$999)

Burdette Anderson
Phil & PJ Bailey
First Security Bank
Galusha, Higgins & Galusha
Kasting, Kauffman & Mersen
Landoe-Brown et al.
Ellen Krichbaum
William & Lynell Martel
Virginia Martin

Mountain West Bank
Matt & Jane Putzier
St. James Episcopal Church
Nels & Teri Sanddal
Simkins-Hallin, Inc.
Walmart
Stuart R, Whitehair
Jody & Brent Zanto

Friends of Befrienders

Edward & Billie Blackwood
Kate Bryan
Ruth Chandler
Mary Lou Countryman
Mike & Dina Davis
Annette Epple-Hafla
Barbara Pastine
Bozeman TV Cabinet &
Appliance
Buddy & Valorie Drake
Craig & Mary Fellows

Thomas & Sarah Foster
Drysdale, McLean, Guza, &
Willett

Ronald & Bonni Glock
Robert & Adelaide Haraden
William & Martha Hendricks

Kirk & Anne Johnson
Cleo Jones
Edis Kittrell

Louise Larson
Lori Marchak

Fredrick Maxted III
Michelle & Thomas
McGuane

B.M. Mitchell

Hazel & Syl Nemes
Robert & Nancy Planalp
Eugene & Edith Renner
William & Jane Shields

Diane Stewart
Vickie & Mark Tischendorf
Fredrick & Virginia Traeger

Matchmaking

Have you ever wondered what it takes to match a senior and volunteer? Here's a breakdown:

Volunteers

Recruitment

- Through radio and newspaper public service announcements.
- Brochures
- Speaking at organization's meetings

Applications

- Send out applications as requested
- Follow up with applications not returned
- Keep record of application status

References

- When applications are received send out reference forms

Criminal background check

- Request Montana background check
- Request national background check

Interview

- Set up interview with applicant
- Conduct interview

Training

- Conduct quarterly training sessions on aging, Befrienders' expectations

Seniors

Recruitment

- Take referrals from agencies, home health care, families
- Speak at nursing homes, and organizations

Interview

Interview senior as to expectations and interests

Matching

Review applications to find individuals that match in interests and locations

Call volunteer and senior to discuss match, arrange for match date

Meet with volunteers and senior at senior's home, facilitate first meeting

Follow-up on individual's feelings about match

Follow up

Contact volunteer and senior every 6-8 weeks as to satisfaction with match

Resolve any conflicts, problems

Send out birthday and match anniversary cards



Befrienders
Rene LaFond & June Blackwood

Befrienders currently has 30 new matches in the application process!

I want be a Matchmaker!

As a sponsor of a Befriender match you will receive recognition for a year in our newsletter and receive a photo and information on "your" match.

Name _____ \$500 Match sponsor donation enclosed

Address _____

Would you like this to be a memorial match?

Name of person to be honored _____

Phone _____

I can't sponsor a match right now, but I'd like to make a donation of _____

Company Name

Street Address
Address 2
City, ST 78269

PHONE:
(708) 555-0101

FAX:
(708) 555-0102

E-MAIL:
someone@example.com

We're on the Web!

See us at:
www.adatum.microsoft.com

Back Page Story Headline

In a few words, it should accurately represent the contents of the story and draw readers into the story. Develop the headline before you write the story. This way, the headline will help you keep the story focused.

Examples of possible headlines include Product

Wins Industry Award, New Product Can Save You Time, Membership Drive Exceeds Goals, and New Office Opens Near You.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press

releases and market studies.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

Continued Story Headline

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful

content to your newsletter is to develop and write your own articles, or to include a calendar of upcoming events or a special offer that promotes a new product.

You can also research

articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics, but try to keep your articles short.

About Our Organization...

Think about your article and ask yourself if the picture supports or enhances the message you're trying to convey. Avoid selecting images that appear to be out of

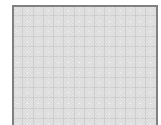
context.

Microsoft includes thousands of clip art images that you can choose and import into your newsletter. There are

also several tools you can use to draw shapes and symbols.

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